



## ***DEALING WITH TODAY'S TEENS***

### ***Lesson Outline***

#### **Lesson 1 - Understanding Your Teen's Needs**

- Creating an Arena for Healthy Relationships That Meets Their Longing for Security
- They're Entitled and Overindulged on Many Levels
- They're Less Mature than Past Generations
- Really, They Want It All
- When Parenting Moves to Peerenting
- They Long for Significance and Security
- Creating an Arena for Healthy Relationships
- Committing to Not Disengage

#### **Lesson 2 – Understanding Your Parenting Role**

- Understanding Your Role in Parenting Your Teen
- Understanding Their Changing Perceptions
- My Child's Relational Style
- Embracing Your Teen
- Offering Rest for Their Soul
- Being Who God Has Called You To Be

#### **Lesson 3 – Understanding Your Teen's Behavior**

- Why Do Teens Do What they do?
- Their Behavior is Goal Oriented
- Your Child's Needs
- Determining Factors in your Child's Understanding of Needs
- Establishing Boundaries

#### **Lesson 4 – Understanding Your Relationship**

- When A Child's Behavior Doesn't Determine Their Behavior
- Does Bad Behavior Necessarily Equal a Bad Kid?
- When Value Isn't Determined by Behavior
- Loving Your Child Unconditionally
- When a Child Fails
- Providing a Way of Restoration
- When Expectations Become the Standard and Alienate the Child

### **Lesson 5 – Understanding the Purpose of Pain**

- How Pain Leads us to God's Blessing
- Pain Causes us to Examine Our Circumstances
- Pain Appears at Predictable Moments
- Ways to Avoid Pain
- The Godly Results of Facing Pain
- When Protecting Becomes Enabling

### **Lesson 6 – Developing Boundaries For Your Teen**

- Setting Parameters that Guide and Direct A Child
- Boundaries Define Us
- Boundaries Help us Set Our Priorities
- Directing Our Child's Path

### **Lesson 7 – Understanding the Roots of Discipline**

- Putting Rules and Consequences Into Effect
- Establishing Policies and Procedures Where There Were None
- Determining Your Beliefs
- Communicating the Rules
- Agreeing on the Consequences
- Examples

### **Lesson 8– Issues of Control**

- Helping a Child Make Decisions and Choices
- Who Is in Control?
- The Motivation for Control
- Under And Over Control
- Handing Over Control
- Lack of Limits and Wrong Decisions

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